

Six Simple Prayers

A Study on the Book of James

James 5:13-20

REALife Application

SIX SIMPLE PRAYERS EVERYONE SHOULD KNOW

When trials take their toll...

- ❶ **"HELP" - A PRAYER OF DESPERATION**
(James 5:13a, Ps 91:15, James 5:11b, Phil 4:6)

- ❷ **"THANK YOU" - A PRAYER OF THANKSGIVING**
(James 5:13b, 1 Thess 5:18, James 5:13b)

- ❸ **"PLEASE HEAL ME" - A PRAYER OF HEALING**
(5:14-15a)

- ❹ **"I'M SORRY" - A PRAYER OF CONFESSION**
(James 5:15b-16a. Col 2:13-14)

- ❺ **"HELP MY FRIEND" - A PRAYER OF INTERCESSION**
(James 5:19-20)

- ❻ **"USE ME" - A PRAYER OF CONSECRATION**
(James 5:16b-18)

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in scripture. Each questions is meant for both personal reflection and as a catalyst for discussion with your family, friend, or REALife Group.

Series Big Idea:

Maturity is consistently hitting the bulls eye (doing the right thing), no matter the circumstance.

Key Questions:

1. Prayer is the most powerful avenue available to the Christian. Note the following verses: James 5:18, John14:12-13; 15:7 Eph. 3:20.

2. Can sin cause sickness? See Num. 12:1, 10-15; 1 Cor. 11:27-30. Is sickness always caused by sin? John 9:1-3. Does God always choose to heal sick Christians? See 2 Cor. 12:7-10; 1 Tim. 5:23; 2 Tim. 4:20.

3. When a person is straying from the Lord, what is the attitude by which we should approach them? See Gal. 6:1-2. What is the process? See Matt. 18:15-20.

4. Have you ever faced a trial that seemed impossible? If you have come through it, how did you do it? How can your trial encourage others?

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